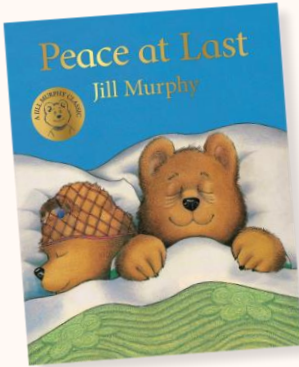


Key Stage 1 (Year 1 and 2)

About

The Story Project is a programme that uses books to teach the 'PSHE' (Personal Social Health Economic) curriculum. Children read the stories as a class, talk about the themes and then take part in activities linked to the learning.



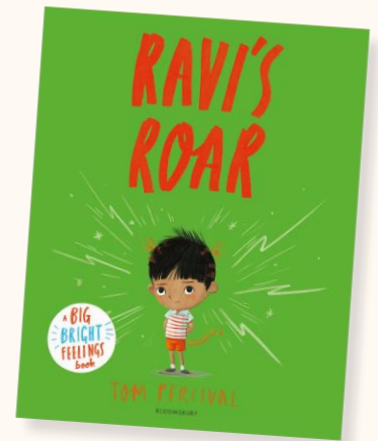
PSHE is a topic that supports children to understand themselves and those around them. It helps children develop skills and knowledge to keep themselves safe and promote happy, full lives. Using books to teach this is a proven way to promote open conversations; children learn through the eyes of the characters in the books. This makes complicated themes easy to understand and helps children understand other people's viewpoints.

What children will learn about in this Key Stage

- The importance of rest, healthy lifestyles and hygiene
- Emotions such as anger and worry
- Recognising our strengths and being kind when we make a mistake
- About different families and how families support us
- How to be a good friend
- The feelings associated with loss and grief

Supporting this learning at home

- Involve your child in planning a healthy bedtime routine.
- Practice hand washing; 20 seconds, ensuring they wash all parts of the hands and wrists.
- Create a family tree to help your child understand the relationships between the people in their lives.
- Celebrate mistakes! Think about how we can learn from them and remind your child that everyone gets things wrong sometimes.
- Talk to your child about the screens that you have at home. Create a plan together about how your child will let you know if they see something they are worried about while using a device.



Further Resources

Here are some similar books you could read at home:

- 'Love Makes a Family' by Sophie Beer
- 'Meesha Makes Friends' by Tom Percival
- 'Almost Anything' by Sophie Henn
- '#Goldilocks' by Jeanne Willis

