



About

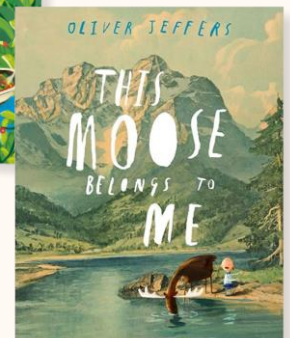
The Story Project is a programme that uses books to teach the 'PSHE' (Personal Social Health Economic) curriculum. Children read the stories as a class, talk about the themes and then take part in activities linked to the learning.



PSHE is a topic that supports children to understand themselves and those around them. It helps children develop skills and knowledge to keep themselves safe and promote happy, full lives. Using books to teach this is a proven way to promote open conversations; children learn through the eyes of the characters in the books. This makes complicated themes easy to understand and helps children understand other people's viewpoints.

What children will learn about this year

- Online safety
- The range of emotions we feel
- How finances can affect our wellbeing
- How food contributes to a balanced lifestyle
- Celebrating our identity and our goals for the future
- Friendship issues and bullying
- Being a role model
- Resilience and strategies for managing tricky work
- Respecting people from other cultures



Supporting this learning at home

Here are some easy ways to support these topics at home:

- Remind children that everybody has worries from time to time, but that talking about them with a trusted friend or adult can really help.
- Involve children in simple money activities, for example counting out coins at the supermarket. Talk about some of the ways you use money to support your family, e.g. paying bills, food shopping, travel costs to school etc.
- Talk together about your own cultural heritage, what makes your family special. You could talk to older relatives about their experiences too, particularly if they have ever lived in other places.
- Make a plan for emergency situations at home. Do children know the best route to escape the house in case of a fire? Do they know how to use your phone to call 999?

Further Resources

Here are some similar books you could read at home:

'Omar, the Bees and Me' by Helen Mortimer

'The Dress in the Window' by Robert Tregoning

'Feelings' by Libby Walden

