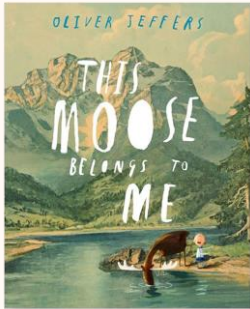


The STORY PROJECT Year 4

About

The Story Project is a programme that uses books to teach the 'PSHE' (Personal Social Health Economic) curriculum. Children read the stories as a class, talk about the themes and then take part in activities linked to the learning.



PSHE is a topic that supports children to understand themselves and those around them. It helps children develop skills and knowledge to keep themselves safe and promote happy, full lives. Using books to teach this is a proven way to promote open conversations; children learn through the eyes of the characters in the books. This makes complicated themes easy to understand and helps children understand other people's viewpoints.

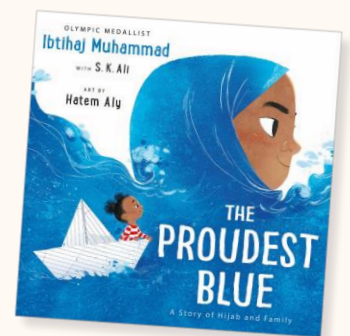
What children will learn about this year

- The range of emotions we feel and what to do about them
- Online safety
- Friendship ups and downs
- How rules and laws protect us
- Cultural identity
- Bullying
- Dares, risks and peer pressure
- How to stay safe in the sun
- Being a role model
- Respecting people from other cultures

Supporting this learning at home

Here are some easy ways to support these topics at home:

- Have a competition to see who can name the most words to describe emotions. Talk to your child about what each one means and what to do if emotions get too big to manage.
- Make a family plan for how you will all use screens and devices at home, e.g., no phones after 7.30pm. We really like [this example](#).
- Talk together about your own cultural heritage, what makes your family special. You could talk to older relatives about their experiences too, particularly if they have ever lived in other places.
- Make a plan for emergency situations at home. Do children know the best route to escape the house in case of a fire? Do they know how to use your phone to call 999?



Further Resources

Here are some similar books you could read at home:

- 'Feelings' by Libby Walden
- 'Meesha Makes Friends' by Tom Percival
- 'Amma's Sari' by Sandhya Parappukaran

Further support and guidance can be found at:

- [Understanding children's emotions](#)
- [Getting help with bullying](#)
- [Supporting children with peer pressure](#)